

FREQUENTLY ASKED QUESTIONS...

What is Take A Break?

The Take A Break (TAB) program is a free childcare service for children 6 weeks to 12 years of age. Child care is offered from 6:00 a.m. to 6:00 p.m. except for holidays.



When can I use TAB?

The TAB program can be used for many reasons: to run errands, exercise, meet appointments, spend time with other family members, or just to have some quiet time away from the children. However, it may not be used as a back-up babysitting service while parents are working.

Who does the childcare?

The child care providers meet all of the standards and requirements of the State of Iowa Department Of Human Services. They are also approved by the TAB coordinator and Building Families. The current Take A Break providers are listed on the back of this brochure. Each provider has their own hours and admission requirements.

How many hours can I use?

Each child is allowed up to 10 (**) hours of free child care per month. The hours may be split into any time amounts that you need.

Let the provider know that the hours are for the TAB program. If a child exceeds the 10 hour limit, the fees of the provider are the parent's responsibility.

** At times when funding is low, hours may be reduced from 10. Always check with the provider for the current number of hours per month.



How do I make Reservations?

Before using the TAB program for the first time, parents must contact the TAB coordinator, Anne Manz at 515-368-3682. After registering with the coordinator, a parent wishing to use TAB can call and make a reservation with one of the providers listed on this brochure.

How much does TAB cost?

There is no charge. There are also no income guidelines or restrictions for the use of this program.

Who pays for this service?

Take A Break is provided by Building Families and through a grant from Prevent Child Abuse Iowa. The mission is to ensure the high quality of life, health and safe welfare of children, regardless of race, income, creed or ethnic group.

Can I earn extra hours?

YES – Angela Wesselink, Parent Coordinator from Building Families, offers parenting classes in Humboldt as well as in-home learning opportunities on an individual basis.

By attending a class or scheduling an in-home visit, the parent or guardian will receive a certificate worth one (1) extra hour of childcare.

For more information, Angela can be contacted at 515-602-6371 or awesselink@co.wright.ia.us



Take A Break Phone Numbers:

Take A Break Coordinator

Anne Manz
515-368-3682

TAB Providers:

Dana Jensen
332-5894

Michelle Lindemann
332-4582

Jennifer Skow
332-1708

Kirby's Clubhouse
(Age 2+ Only)
604-6332

Thundertots Daycare
(Gilmore City, IA)
373-6020

TAKE A BREAK

Provided by
The Parent Connection
Council
A Program of



Building
FAMILIES