

Positive Solutions For Families

Location:

**Belmond
United
Methodist
Church**

1031 1st St SE

**Time: 5:30-
7:00**

Child care and a
meal provided!



Call to register !

Building Families

Amy Muller

Parent Coordinator

500 Fair Meadow Dr

Webster City, IA 50595

Phone: 515-832-1791 ext 202

E-mail:

amuller@hamiltoncountymhsb.org



October 26th

Session 1: Making a Connection! Meet each other and learn about our families.

Identify the importance of building positive relationships with children. Discuss the "power" of using positive comments and encouragement with children.

November 2nd

Session 2: Making it Happen! Understand how play can be a powerful parenting practice. Learn ways to help children develop friendship skills. Link building relationships, using positive comments/encouragement, and play to children's behavior.

November 9th

Session 3: Why do Children do What they do? Examine why children do what they do. Practice ways to determine the meaning of behavior. Understand how to make expectations clear for children. Understand effective ways to develop and teach household rules.

November 16th

Session 4: Teach me What to Do. Identify feeling words and identify effective ways to teach feeling vocabulary. Demonstrate the use of books to support emotional literacy and social emotional development. Identify ways to cope with feelings of anger and disappointment. Learn how to teach problem solving skills.

November 23rd

Session: 5 Facing the Challenge: Part 1 Examine nine specific strategies that can be used to promote positive adult and child behavior in home and community settings.

November 30th

Session 6: Facing the Challenge Part 2 Identify that problem behavior has meaning. Identify the meaning of behavior by examining what happens before and after the problem behavior. Identify the three parts of a behavior plan: preventions, new skills to teach, and new responses. Learn to use the *Family Routine Guide* to identify supports for use with children during daily routines.