

WORKSHOP

“BEE APPROACHABLE”

DATE: MONDAY 11/21/11

TIME: 6:00-8:00PM

LOCATION: BUILDING FAMILIES (CONFERENCE ROOM) @
500 FAIRMEADOW DR.—WEBSTER CITY (BLDG NEAR
K MART-USE SW ENTRANCE)

WHOM: ANY PARENT/GUARDIAN/GRANDPARENT/OTHER
TRUSTING ADULT IN HAMILTON, HUMBOLDT., & WRIGHT
COUNTY INTERACTING WITH TEENS

NO COST & SNACKS PROVIDED

When teens talk to you about S-E-X, it's YOUR chance to make a POSITIVE difference in their lives. If you make yourself an “**approachable adult**,” you will have the opportunity to protect teens from unintended pregnancies, STDs, unhealthy relationships, etc. To encourage teens to talk openly & honestly with you, adults need accurate info & good communication skills, as well as an askable/approachable personality. Therefore, in addition to providing teens in the communities with comprehensive age-appropriate, medically accurate, sexual health education, the CAPP Coordinator is now offering parents & other trusted adults with an opportunity to develop the skills they need to communicate effectively & more frequently with teens about relationships, sexual health, decision-making, etc. Workshop topics will include:

- * **Let's Get it Started (communication tips on talking with teens about relationship and sexuality issues)**
 - * **Teachable Moments (using safe spaces & other opportunities to share messages)**
- * **Ages & Stages (healthy sexual growth & development –what to expect & when)**
- * **Sex & Tech (Tips from TV, Music, & Media Outlets, Sexting, & Cyberbullying)**
 - * **Relationship Check: Healthy or Un (partner abuse, intimidation, & manipulation in teen relationships)**

**For Questions
&
To Register ...
Please Contact
Tiffany At
515-832-1791
ext 204!
Deadline is
noon on 11/16**

Sponsored by:
Building Families CAPP Coordinator
Serving Hamilton, Humboldt & Wright
Counties
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Website: www.buildingfamilies.net
Check out CAPP Coordinator on Facebook!



TEENS HAVE SEX

Among all Iowa high school students in 9th through 12th grades, **approximately 43% report ever** (i.e. at least once) **having had sexual intercourse**, including **4% who report sexual intercourse for the first time before age 13 years**.

Overall, **the majority (57%) of all high school students** (i.e. 9th-12th grades) **have never had sexual intercourse**.

By 12th grade, **47% of both females and males** in Iowa are **sexually active** (i.e. have had sexual intercourse with at least one person during the previous 90 days), and **22% have had sexual intercourse with four or more persons in their lifetime**.

FOR TEENS... IT NEEDS TO BE ABSTINENCE & CONTRACEPTION

Among sexually active teens, **34% did not use a condom** at last sexual intercourse, **71% did not use either birth control pills or Depo-Provera**.

In a survey of **women under 20** who gave birth in Iowa in 2009, **69% did not use any birth control** when conception occurred.



BEE IN THE KNOW

TEENS DO GET PREGNANT

The **majority (72%) of teen births** occur to women **18-19 years**, **27% to women aged 15-17 years**, and **1% to mothers under 15 years**

About **3% of young women aged 15-19 years** give birth each year in Iowa, **representing approximately 9% of all births in Iowa annually**.

Hamilton County-ranks 26th in teen birth rate among all counties in Iowa & 9th among 41 counties with populations from 10-20,000 persons.

Humboldt County-ranks 30th in teen birth rate among all counties & 7th among 23 counties with populations less than 10,000 population.

Wright County-ranks 4th in teen birth rate overall in Iowa & 1st among 41 counties with populations from 10-20,000 persons.

1 out of 3 teen girls will become pregnant **at least once** by the **age of 20**.

TEENS DO GET STDs

1 IN 4 teens contract an STD each year, and **50% of all new STD cases** are to teens.

1 out of 2 sexually active young people will get an STD **by 25**...most won't even know it!

CONSEQUENCES ARE REAL

More than **70%** of teen mothers **dropout of high school**

The childbearing costs in 2004 cost Iowa taxpayers at least **\$82 million**

In Iowa, an estimated 109,384 (**16%**) of children aged 0-17 live below the **poverty level**.

SOURCES:

IOWA ADOLESCENT SEXUAL HEALTH FACTS SHEET and THE FACTS: Adolescent Sexual Health in Hamilton/Humboldt/ Wright County Facts Sheets Published by EyesOpenIowa (www.eyesopeniowa.org)